



# INDIAN BOXING FEDERATION

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## AGE LIMITS

- Men and Women Boxers between the ages of 17 to 34 are categorized as SENIOR (Elite) Boxers.
- Boy and Girl Boxers between the ages of 17 to 18 are categorized as YOUTH Boxers.
- Boy and Girl Boxer between the ages 15 to 16 are categorized as JUNIOR Boxers.
- Boy and Girl Boxer between the ages 12, 13 & 14 are categorized as SUB-JUNIOR Boxers.
- The age of a Boxer is determined by using the year of birth.

## WEIGHT CLASSIFICATIONS

- Men's Senior (Elite) and Youth Boys: 10 weight categories as follows:  
46- 49 Kg, 52 Kg, 56 Kg, 60 Kg, 64 Kg, 69 Kg, 75 Kg, 81 Kg, 91 Kg and +91 Kg
- \* Women's Senior (Elite) and Youth Girls: 10 weight categories as follows:  
Light Fly 45-48 Kg, Fly 51 Kg, Bantam 54 Kg, Feather 57 Kg, Light 60 Kg,  
Light Welter 64 Kg, Welter 69 Kg, Middle 75 Kg, Heavy 81Kg and Super Heavy +81 Kg.
- Junior Boys & Girls: 13 weight categories as follows:  
46 Kg, 48 Kg, 50 Kg, 52 Kg, 54 Kg, 57 Kg, 60 Kg, 63 Kg, 66 Kg, 70 Kg, 75 Kg, 80 Kg,  
and + 80 Kg.
- Sub-Junior Boys & Girls: 10 weight categories as follows:

<u>Born in the year/class</u>	<u>Age Permitted</u>	<u>Wt. Category</u>	<u>Boxer</u>
1996-A Group	Under 14 yrs	6,7,8,9,10,11,12,13,14	04
1997-B Group	Under 13 yrs	4,5,6,7,8,9,10,11	03
1998-C Group	From 12 yrs.	1,2,3,4,5,6,7,8	03

## COMPETITION FORMATS

- Men's Senior (Elite) and Youth Boys competitions, the bouts shall consist of three (3) rounds of three (3) minutes each.
- Junior Boys & Girls competitions, the bouts shall consist of three (3) rounds of two (2) minutes each.
- Women's Senior (Elite) and Youth Girls competitions, the bouts shall consist of four (4) rounds of two (2) minutes each.
- Sub-Junior Boys & Girls competitions, the bouts shall consist of three (3) rounds of 1½ minutes each.

# TERMINOLOGY FOR WEIGHT CATEGORIES AND WEIGHT RANGE

<b>Senior Men &amp; Youth Boys Boxers 10 Weight Categories</b>			
S.	Weight Categories	Over kg	To kg
1	Light Fly	46	49
2	Fly	49	52
3	Bantam	52	56
4	Light	56	60
5	Light Welter	60	64
6	Welter	64	69
7	Middle	69	75
8	Light Heavy	75	81
9	Heavy	81	91
10	Super Heavy	91	-

<b>Senior Women &amp; Youth Girls Boxers 10 Weight Categories</b>			
S.	Weight Categories	Over kg	To kg
1	Light Fly	45	48
2	Fly	48	51
3	Bantam	51	54
4	Feather	54	57
5	Light	57	60
6	Light Welter	60	64
7	Welter	64	69
8	Middle	69	75
9	Light Heavy	75	81
10	Heavy	81	-

<b>Olympic Games Women Boxers 3 Weight Categories</b>			
S.	Weight Categories	Over kg	To kg
1	Fly	48	51
2	Light	57	60
3	Middle	69	75

**Junior Boys & Girls Boxers  
13 Weight Categories**

S.	Weight Categories	Over kg	To kg
1	Pin	-	46
2	Light Fly	46	48
3	Fly	48	50
4	Light Bantam	50	52
5	Bantam	52	54
6	Feather	54	57
7	Light	57	60
8	Light Welter	60	63
9	Welter	63	66
10	Light Middle	66	70
11	Middle	70	75
12	Light Heavy	75	80
13	Heavy	80	-

**Sub-Junior Boys & Girls Boxers Weight Categories**

S.	From	To
1	-	Not exceeding 30 kgs.
2	From 30.01 kgs.	Not exceeding 32 kgs.
3	From 32.01 kgs.	Not exceeding 34 kgs.
4	From 34.01 kgs.	Not exceeding 36 kgs.
5	From 36.01 kgs.	Not exceeding 38 kgs.
6	From 38.01 kgs.	Not exceeding 40 kgs.
7	From 40.01 kgs.	Not exceeding 42 kgs.
8	From 42.01 kgs.	Not exceeding 44 kgs.
9	From 44.01 kgs.	Not exceeding 46 kgs.
10	From 46.01 kgs.	Not exceeding 48 kgs.
11	From 48.01 kgs.	Not exceeding 50 kgs.
12	From 50.01 kgs.	Not exceeding 52 kgs.
13	From 52.01 kgs.	Not exceeding 54 kgs.
14	From 54.01 kgs.	Not exceeding 57 kgs.